

## Push and Pull - Program Note

Push and Pull was commissioned by UK-based The Riot Ensemble, and written in the summer/fall of 2017 in Oysterville, WA, Miami, FL, Pittsburgh, PA, and Sausalito, CA. The work was premiered by the ensemble in January 2018 in London, UK.

With this work, I wanted to engage in perhaps one main musical "guilty" pleasures of mine, my love of downbeats. Therefore I wanted to try to explore what would happen if the musical downbeat shifts from super obvious to super subtle, and then perhaps even inaudible at the end, allowing for a 'pushing and pulling' of it overall.